



2012-2013 Annual Report



Charity Navigator awarded The Idaho Foodbank a fourth consecutive four-star rating for its financial efficiency. Only six percent of the charities this independent nonprofit rates have received at least four consecutive four-star evaluations. This ranks the Foodbank among the "exceptional" nonprofits in the country. The Foodbank is the only nonprofit in the state to earn the highest possible rating four years in a row.



Dear Friends,

One of the best parts of my job at The Idaho Foodbank is when I am able to meet some of the families we serve. Time after time I have been fortunate to speak with people who refuse to settle for poverty, who work hard, but for a number of different reasons are unable to make ends meet.

Tina told us until recently she worked as a waitress and her boyfriend had just started a new business. When she ran into health problems, her hours were cut, and her boyfriend's venture fell victim to the recession. The Idaho Foodbank was there for them.

"I'm trying to go back to school. Finding the money is hard, so we are pinching every penny," she said as she wiped tears from her eyes. "I can't tell you what the Foodbank has meant to us."

One of my thoughts when I hear a story like this is that all of us at the Foodbank would like to put ourselves out of business. That would mean Idaho's hunger problem has been solved, and the thousands of people like Tina who depend on the Foodbank network wouldn't need us.

The reality is, though, this remains a long-term wish. Today, we still deal every day with the aftermath of the Great Recession. While many national economic indicators have improved, that improvement has not found its way to the 274,000 Idahoans who face hunger on a daily basis.

Despite the fact that Idaho ranks 10th in the number of people who hold down more than one job, we earn 79 percent of the national average. This leaves us 49th in personal income. (Only Mississippi is lower).

But I'm proud to say that communities across the state continue to respond magnificently to this need.

- Our network of more than 210 nonprofit partners in towns large and small helped us distribute a record 10,670,417 meals (12,804,501 pounds of food) last fiscal year.
- That network served people an average of 106,586 times a month.
- Community volunteers helped set up, unload trucks and hand out food boxes at 34 Mobile Pantries every month.
- Volunteers in 50 school districts distributed 1,960 backpacks to students before every school weekend.
- The still-growing School Pantry program, which depends on school cooperation and volunteers, nearly doubled the number of distributions last year.

It is efforts like these, along with the absolutely critical help from our generous donors, that account for the signs of growth you will see in this annual report. Rest assured, growth is not our objective. That growth is in response to the need we find in the hard-working Idaho families who have the courage to ask for help from the Foodbank network. I sincerely hope that next year I am able to report to you that an increase is no longer necessary.

Karen Vauk

Karen Vauk, President/CEO



Cooking Matters

"I REALLY enjoyed this class!! I had a lot of fun, and I also learned a ton. I'm sad it's over I gained a bunch of confidence in the kitchen. I feel a lot more sure of myself!"



Moscow



Boise

Picnic in the Park

"I wanted to write you and thank you for helping to coordinate the free meals for children in our local area. The recession has hit our family especially hard. My husband is in the construction trade, and these days we often find it hard to make ends meet. Many trips to the store involve paying for groceries with our credit card. Most importantly, we thank you for your kindness and generosity. Keep up the great work."

School Pantries

"I've never needed help before but it seems now I'm having trouble making it. It's either pay the bills or eat right now."



Lapwai



Juliaetta

Mobile Pantry

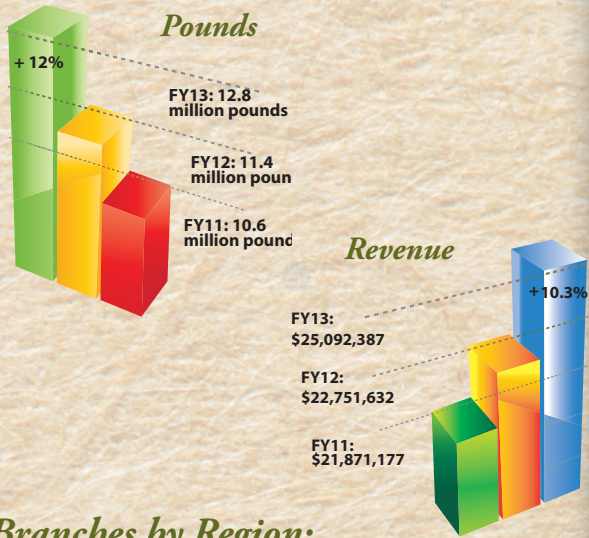
"I'm self-employed but I'm still not where I need to be. I have two teenage boys at home. I qualify for some assistance, but I didn't want to ask for help. It was a little awkward, but after a while we had to. This is a great thing. It gives you a real sense of community."



The Idaho Foodbank is an independent nonprofit organization that has worked with a network of partner agencies to distribute free emergency food to individuals and families in need for nearly 30 years.

idahofoodbank.org

Fiscal Year 2013



Branches by Region:

Southwestern (Boise) – 16 counties

Total number of pounds distributed: **8,407,332**
 Number of community partners: **132**
 Average number of people served per month: **65,334**
 Highest number of people served in a month: **82,878**
 Mobile Pantry communities: **8**
 Mobile Pantry pounds distributed: **683,548**
 Average number of people served by Mobile Pantries per month: **2,293**

Eastern (Pocatello) – 18 counties

Total number of pounds distributed: **3,144,585**
 Number of community partners: **46**
 Average number of people served per month: **27,441**
 Highest number of people served in a month: **43,074**
 Mobile Pantry communities: **17**
 Mobile Pantry pounds distributed: **1,282,169**
 Average number of people served by Mobile Pantries per month: **4,537**

North Central (Lewiston) – 5 counties

Total number of pounds distributed: **1,252,584**
 Number of community partners: **34**
 Average number of people served per month: **13,811**
 Highest number of people served in a month: **16,661**
 Mobile Pantry communities: **9**
 Mobile Pantry pounds distributed: **500,152**
 Average number of people served by Mobile Pantries per month: **1,867**

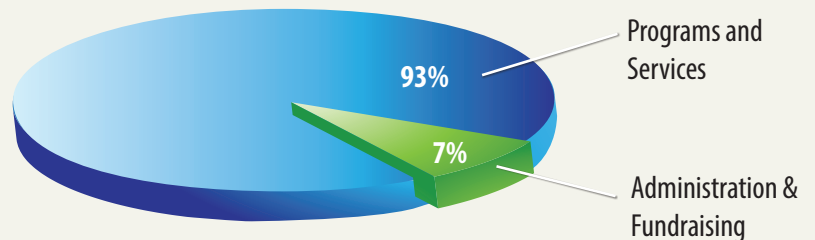
Idaho Foodbank totals

Total number of pounds distributed: **12,804,501**
 Number of community partners: **212**
 Average number of people served per month: **106,586**
 Highest number of people served in a month: **142,613**
 Mobile Pantry communities: **34**
 Mobile Pantry pounds distributed: **1,850,869**
 Average number of people served by Mobile Pantries per month: **8,697**

Revenue:	2012	2013	Difference
Value of Donated Food	\$17,247,491	\$18,728,856	\$ 1,481,365
Donated Funds	\$5,149,798	\$ 5,832,906	\$ 683,108
In-kind Donations	\$126,863	\$ 234,921	\$ 108,058
Program Services and Other	\$227,480	\$ 295,704	\$ 68,224
TOTAL REVENUE:	\$22,751,632	\$ 25,092,387	\$ 2,340,755

Expenses:	2012	2013	Difference
Program Expenses			
Purchased Food:	\$ 904,582	\$ 976,194	\$ 71,612
Donated Food:	\$ 17,106,176	\$ 18,729,563	\$1,623,387
Other:	\$ 2,327,828	\$ 2,285,213	\$ (42,615)
Total Program Expenses:	\$ 20,338,586	\$ 21,990,970	\$ 1,652,384
Administrative and Fundraising	\$ 1,530,993	\$1,617,046	\$ 86,053
TOTAL EXPENSES:	\$ 21,869,579	\$23,608,016	\$ 1,738,437

93 cents of every donated dollar goes to support programs and services. 7 cents goes to administrative and fundraising costs directly related to our mission.



To view our audited financial statements and IRS form 990, visit idahofoodbank.org.
 Financial information audited by Eide Bailly

Efficiencies and Value

Thanks to donated food and community food drives, thousands of volunteers, and corporate and community partnerships, The Idaho Foodbank is able to efficiently leverage donations:

- \$1 = 3 meals*
- \$1 = 3.6 pounds of food
- \$1 = \$6 worth of groceries
- \$1 = 93 cents that directly supports Foodbank programs and services, while 7 cents helps pay associated administration and fundraising costs directly related to supporting our mission.

*One meal is equal to 1.2 pounds. This reflects total U.S. food and beverage consumption across age groups, excluding water, as calculated by the U.S. Department of Agriculture.

Our Programs

Backpack

a program of The Idaho Foodbank

Between school lunch on Friday and school breakfast on Monday, thousands of Idaho children are at risk of hunger. In response, The Idaho Foodbank provides 1,960 elementary-age children in more than 150 schools with nourishing food for the weekend through the Backpack Program.

The impact this extra food has can be profound.

A single mother of two in Pocatello wrote to thank us. "The Backpacks were an amazing help and when I ran out of food stamps I could still feed my children."

In Lewiston, a mother and her kindergarten-aged daughter were living in a hotel and had one package of Top Ramen left when they got their first Backpack. "It looks like you can eat tonight," the mother told her little girl.



Sometimes the reactions to this class are purely practical: "Now I don't burn everything I cook," a teenaged girl said.

But more often we hear things like what a middle-aged man told us: "I learned more in this six-week class than I ever did in any nine-month school year. I felt like you all really cared about me and my health."

"I REALLY enjoyed this class!!," a young woman wrote. "I had a lot of fun, and I also learned a ton. I'm sad it's over."

Cooking Matters engenders this type of response. This initiative to promote healthy cooking and eating teaches low-income families how to get more food for their money and better nourishment from those foods. Volunteer experts and Foodbank staff lead cooking and nutrition courses and Cooking Matters at the Store class.

The sponsor-supported no-cost courses include Cooking Matters for Adults, Kids, Teens and Families. Course days and times vary and are scheduled in communities throughout Idaho.



Both parents and school staff tell us the School Pantry program is enormously successful.

"It is amazing!!," one mother wrote. "I will give back to the school food bank as soon as my family gets back on our feet. Thank you to everyone who helps all those on hard times!"

And a teacher told us: "Providing food to some of our families helped the students stay in school rather than dropping out to work to get food for the family."

School Pantries provide a trusting environment where staff can offer parents a little extra support and help them feed their families. The Idaho Foodbank purchases nutritious food in order to help feed a family for three to five days. Vouchers for a free gallon of milk are also available.

The School Pantry program was piloted with three schools in 2010, grew to more than a dozen across Idaho in 2011 and this year reached nineteen.



A six-year-old boy, minus two teeth but sporting a big smile, who greets our Picnic in the Park staff every day with the same cheer: "The yummy man is here. The yummy man is here."

That is what we call a ringing endorsement. Another one is the fact that in FY13, our summer staff served 52,872 free lunches to Boise children.

The concept behind Picnic in the Park is basic. During the school year half of Idaho's children rely on free and reduced-price breakfasts and lunches. When school is out, this program helps fill that nutritional gap and provides children with the food they need to be ready to go back to school.

For the twelfth consecutive summer, The Idaho Foodbank provided free weekday lunches to children under age 18 by taking meals directly to low-income neighborhoods and parks.

A woman who brought her two grandchildren to a park, said, "I've lived in the neighborhood all my life, and I can tell you that without this program a lot of these kids would go hungry."



To be part of a Mobile Pantry distribution is a humbling experience. People line up hours before the doors open in cold, heat or inclement weather to get their food boxes. This is the twenty-first century version of the Depression-era breadline.

"I'm on a fixed income of less than \$1,000 a month," explained a woman in Weiser, and we help out my mom and dad. They're in their 80s. This food is a blessing."

The Mobile Pantry Program distributes food in underserved, usually rural, communities to people who have difficulty accessing food assistance. The Idaho Foodbank sends a truckload of food to the designated areas once a month. When the truck arrives, volunteers unload the food and ready it for distribution. The Mobile Pantry Program served on average 8,697 people in 34 communities every month.

For more information on any of these programs, including how you can help, please go to idahofoodbank.org.

Our Vision

A hunger-free Idaho.

Our Mission

To help feed, educate and advocate for Idaho's hungry through a network of community-based partners and to develop efficient solutions to strengthen individuals, families and communities.

FY 2012-13

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