

HUNGER ACTION MONTH™



September 2014

HungerActionMonth.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Labor Day</i> Collect food from BBQ guests for the food bank	2 Like our Facebook page and follow us on Twitter	3 Volunteer and share a #WhyIVolunteer status on Twitter and Instagram	4 Hunger Action Day!™	5 Recipe	6 Check your cupboard and donate with your family!
7 <i>Grandparents Day</i> Send a donation to the food bank in their honor	8 Schedule a volunteer shift for you and your family.	9 Have you considered repeat giving? Find out how you can help today.	10 Research childhood hunger in Idaho and share a status for awareness. FeedingAmerica.org/MaptheGap	11 Watch the video on childhood hunger and share it to help raise awareness.	12 Recipe/ Scentsy Rockathon	13 Donate your garden's veggies to a local food pantry.
14 Make your profile picture orange in honor of HAM on Facebook.	15 Go to store and buy meal and donate the amount you spend to the IFB.	16 Make sure you've liked our Facebook page and followed us on Twitter	17 Call and schedule your volunteer shift today.	18 Write a letter to a newspaper editor or post a blog about hunger	19 Recipe	20 Sign up for our e-newsletter
21 Blog tweet/ post on Facebook about Hunger Action Month	22 Make coffee at home this week. Donate the savings to the food bank.	23 Invite your local representative to visit our food bank	24 Schedule a tour of The Idaho Foodbank for you and your friends!	25 Plan a brownbag lunch with your coworkers and donate the money you would have spent	26 Recipe	27 Find out more about the Cooking Matters program.
28 Share your experience with us! What did you do this month?	29 Sign up for our newsletter so you can stay in contact.	30 Make sure you've followed us on Facebook and Twitter				

September Holidays: 9/1-Labor Day; 9/7-Grandparents Day; 9/11-Patriot Day, Sept. 11 Remembrance Day; 9/23-Autumnal Equinox; 9/24-Rosh Hashanah begins