



The Idaho Foodbank's Annual Report for FY 2015 is now available online at [idahofoodbank.org](http://idahofoodbank.org)

# FOOD for Thought

Winner 2014  
Best Newsletter Award  
Idaho Press Club

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## Yvette is More Than a Recipient

**F**or Yvette, the Mobile Pantry in Weiser offers more than hope for those in need.

A volunteer as well as a food recipient, Yvette believes it's important to help others. "I love it. I feel that I don't have a whole lot, but regardless of what I have, I still try to help out people who have even less than I do."

When a medical condition left her unable to work, it was the thought of her children going without food that compelled Yvette to turn to Western Idaho Community Action Partnership (WICAP) for food assistance. "It's hard sometimes being a single mom, but I do it. I just fight through it and I'd rather me go without food than my kids go without food," Yvette said.

Yvette recognizes that people who are struggling often are reluctant to ask for assistance. Even when the situation is the result of something over which they had no control, no one wants to be labeled a failure when it comes to taking care of themselves or their loved ones. "I think a lot of it has to do with people's pride. Coming down to the mobile pantry for the first time wasn't easy for me," she said. "I have a hard time asking for help and it takes a lot for me to ask for help. But I had to do it."

Yvette credits WICAP, The Idaho Foodbank and a strong family support system for helping get her through some



really difficult times. And that's why she says she's speaking up now. She says she wants supporters, recipients—anyone associated with the effort to solve hunger in Idaho—to know people are being helped by the work being done all over our state.

The Mobile Pantry program provides critical and nutritious food supplies to residents of rural and underserved communities in Idaho. Each month, the program provides a truckload of food to communities where people lack access to the food they need to thrive. The food is provided in collaboration with a local partner agency and volunteers. "This is a good thing what they're doing and it's very much appreciated," she said. 🍏

Watch a video — [idahofoodbank.org](http://idahofoodbank.org)

Read more personal stories — [idahofoodbank.org/stories](http://idahofoodbank.org/stories)

Learn more about the Mobile Pantry program [idahofoodbank.org/programs/mobile-pantry](http://idahofoodbank.org/programs/mobile-pantry)

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# Events

## A Chefs' Affaire



Sequins and fedoras set the tone for the 17th annual A Chefs' Affaire, Vegas Cool sponsored by Sysco.

In an atmosphere reminiscent of Las Vegas in the 1960s, participants pledged record-level support for hunger relief in Idaho while enjoying a six-course meal prepared by some of the finest chefs in the Treasure Valley. This year's sold-out event raised nearly \$290,000, a significant increase over last year's record of \$275,000. The Foodbank's efficiencies

mean that 94% of all donations will go to programs and services that feed Idahoans who are hungry.

As every year, the food was spectacular. Each course was paired with a premium Idaho wine or beer. Thirty-one chefs teamed up to prepare the lavish meal led by Executive Chef David Knickrehm and Chef Ken Hodges of Sysco.

This year, the audience chose the "Old Fashioned Trifle" as the best course of the evening. The award-winning dessert course was led by Executive Chef Rachel Knickrehm of Gramercy Park Pizza and Grill.

We are so grateful for the 500 guests who helped make this event so successful. The attendance, the collaboration of the chefs and the generosity make this event so special each year.

Thanks go out to Sysco for once again leading the way in helping put on this event, with the generous support from our presenting sponsors



AgriBeef Co., Albertsons, Bank of America/Merrill Lynch, Gardner Company, Hewlett-Packard, the Idaho Beef Council, Idaho Central Credit Union, The E.W. Scripps Company, Today's 6 and FOX 9 On Your Side, and Intermountain Gas; our course sponsors Food Services of America, Idaho Power Company and Valley Office Systems and special sponsors Alaska Airlines, Kendall Ford of Meridian, Artsmith's Jewelers and Saint Alphonsus. 🍎

Save the date for next year's event – September 8, 2016. Want to be involved? Make sure you let us know early. Email Patricia Sims at [psims@idahofoodbank.org](mailto:psims@idahofoodbank.org)

## Breaking Ground on a Fresh Approach



This last year, 89% of the 16 million pounds of food we distributed statewide was donated. A significant percentage of that food was fresh fruits and vegetables. This is consistent with a trend that began five years ago. While we are grateful for the support and the improved nutrition it will provide to those in need, storing and distributing more fresh and frozen food requires a major "retooling" of our infrastructure. Hence the need for A Fresh Approach, our capital campaign.

**North Central Idaho** – Relocate our Lewiston warehouse to a larger and better-equipped facility (pictured) with capacity to move more fresh food. Construction currently underway.

**Eastern Idaho** – Expand the freezer and cooler capacity of our Pocatello warehouse. Construction slated for early 2016.

**Southwest** – Expand the capacity of our Boise warehouse & offices. Construction possibly under way in 2016.



**A Fresh Approach**  
TO FEEDING IDAHO FAMILIES

**FOOD 2**  
**for Thought**

Learn more by heading to [idahofoodbank.org/give/capital-campaign](http://idahofoodbank.org/give/capital-campaign). Or, call Morgan Wilson, VP Development at (208) 577-2691.



Member of  
**FEEDING  
AMERICA**

# ANNUAL REPORT Fiscal Year 2015

## A FRESH APPROACH TO FEEDING IDAHO FAMILIES

**S**ix years ago, The Idaho Foodbank made the decision to acquire and distribute more nutritious food. While the Foodbank would continue to accept a small percentage of snack foods and soft drinks, the emphasis going forward would be on nutrient-dense foods including more fresh fruits and vegetables. It was a healthy change.

In this last fiscal year, 83% of all the food distributed by The Idaho Foodbank was categorized as “nutritious” meaning that it contained vitamins and minerals essential for maintaining good health. We could not have accomplished this feat without the generous support of our donors including corporations, growers, and processors. Of course, dedicated volunteers working in 189 community pantries, soup kitchens, and senior centers were responsible for making certain that the nutritious food reached those in need.

More fresh fruits and vegetables means healthier adults, children and seniors. Healthy residents make for healthier communities. And that promises a healthier future for all Idahoans.



**163,680**  
People  
served  
monthly





# COMMUNITY

## EPISCOPAL CHURCH OF THE NATIVITY

The Episcopal Church of the Nativity in Lewiston started their pantry program two years ago. Shortly thereafter, they became a member of the Foodbank's partner network. Today, volunteers are distributing food to more than 700 people, on average, each month.



"Part of our ministry is literally to feed people. Aside from that, as a member of this community we have a responsibility to help those who are struggling."  
— Rev. Gretchen Rehberg, Pantry and Feeding Site Coordinator

### NORTH CENTRAL - LEWISTON FACILITY

Food Distributed: 1,507,526 lbs. Community Partners: 31



## LEADORE, IDAHO

Leadore, population 105, is located at the intersection of highway 28 and 29 about 50 miles from Salmon, Idaho. The small community operates a food pantry out of its library that also serves as the community center. A Foodbank partner since its inception five years ago, pantry volunteers distribute food to 18-20 families a month; most are seniors.

"Local residents, especially seniors, have no alternative when it comes to emergency food assistance. Few can afford the 100-mile roundtrip to Salmon for help."



Lujean Morelli, Pantry Coordinator

### EASTERN IDAHO - POCATELLO FACILITY

Food Distributed: 4,384,863 lbs. Community Partners: 44

Dear Friends,

Our last fiscal year was very successful. In FY 2015, we set new records for food distribution and average number of people served each month. At the same time, we stayed true to our strategy of providing more nutritious, wholesome food. Our continued focus on efficiency resulted in 94 percent of all donations going to programs and services that feed people who are hungry.

We distributed 16.1 million pounds of food through our programs and community network; enough food to provide 13.4 million meals. That was welcome relief to the 163,679 Idahoans, on average, we served each month.

While we take great pride in these numbers, the push has stretched our facilities to the limit. A condition that makes the goal of our capital campaign to finance facility enhancements and increase freezer and refrigeration capacity all the more urgent.

Every day, we are reminded that our ability to provide for those in need is contingent on strong partnerships. The commitment of donors, volunteers, network partners, and business and civic leaders to work together, is the only way we can hope to realize our vision of a hunger free Idaho. Our promise is to continue to grow these relationships, and build new ones that will enable us to better serve Idaho men, women, and children who are hungry.

To our supporters, thank you for all that you do.

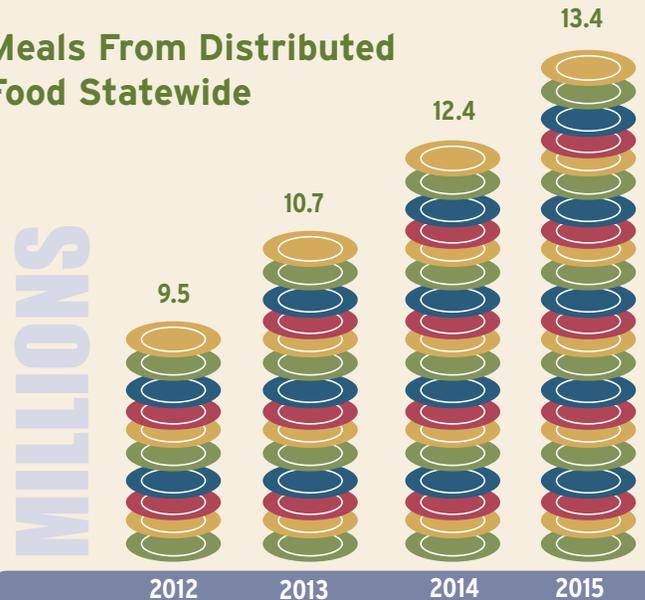
*Karen Vauk*

Karen Vauk, President/CEO

### SOUTHWEST IDAHO - BOISE FACILITY

Food Distributed: 10,249,069 lbs. Community Partners: 114

## Meals From Distributed Food Statewide



One meal is equivalent to 1.2 pounds of food as determined by the U.S. Department of Agriculture based on total U.S. food consumption.



# FOOD

## FINANCIAL STATEMENT

<b>Revenue:</b>	<b>FY 2014</b>	<b>FY 2015</b>
Value of Donated Food	\$23,707,118	\$25,838,291
Donated Funds	\$5,344,749	\$7,098,148
In-Kind Donations	\$179,384	\$360,070
Program Services and Other	\$321,095	\$321,095
<b>Total Revenue</b>	<b>\$29,552,346</b>	<b>\$33,296,509</b>
<b>Expenses:</b>		
Program Expenses		
Purchased Food	\$944,495	\$1,111,934
Donated Food and Freight	\$23,974,882	\$25,906,231
Other	\$2,577,937	\$2,805,053
Total Program Expenses	\$27,497,314	\$29,823,218
Administrative and Fundraising	\$1,560,708	\$1,755,416
<b>Total Expenses</b>	<b>\$29,058,022</b>	<b>\$31,578,634</b>



## MORE BENEATH THE SKIN

Giant Produce is a family-owned business that packages, stores, and markets onions and potatoes. A relatively new partner, last year the company donated more than 175,000 pounds of fresh produce. In addition, they made a generous donation of packaging material essential for our re-packing of bulk produce for distribution to families and individuals.



## GOOD FOR EVERYONE'S HEALTH

In December of 2013, Chobani opened a new state-of-the-art manufacturing facility in Twin Falls. But even before the doors had opened, the company approached the Foodbank about donations of its nutritious Greek-style yogurt. An important part of a balanced diet, quality dairy was a welcome addition to the food items already available for distribution. Last year, this valued partnership resulted in more than 900,000 pounds of food reaching people in need through mobile pantries and community partners statewide.





# PROGRAMS

## Backpack

a program of The Idaho Foodbank

Ensures that students who are chronically hungry have access to adequate food over the weekend by providing them with a backpack full of nutritious, kid-friendly food every Friday during the school year.



**1,804** children served each week

**63,791** backpacks distributed statewide

## School Pantry

a Program of The Idaho Foodbank



Provides families and school-age children with access to emergency food in an environment that is both familiar and

supportive. Pantries stock food items that are popular and easy to prepare. Families receive enough nourishing food to prepare meals for three to five days.



**9,534** people served

**150,000** pounds of food distributed

## Picnic in the park



From June to August, five days a week, children in low-income neighborhoods enjoy a nourishing lunch and educational or physical activity at a convenient location such as a community park or their housing complex.



**1,250** children served

**48,451** meals provided



SHARE OUR STRENGTH'S  
**COOKING MATTERS**  
NO KID HUNGRY

Share Our Strength's Cooking Matters is a free 6-week, hands-on, cooking-based program for all ages that teaches food preparation and food budgeting skills. Cooking Matters in the Store is a one-day program that teaches students how to identify healthy and less expensive options at their local grocery store.



**937** men, women, and children attended

**85** classes conducted statewide

## Commodity Supplemental Food Program

Administered by The Idaho Foodbank, the Commodity Supplemental Food Program (CSFP) was created by the U.S. Department of Agriculture to improve the health of low-income individuals at least 60 years of age, by supplementing their diets with nutritious foods.



**2,000** seniors receive a box each month

**38** Idaho counties served



A Program of The Idaho Foodbank

Enables the Foodbank to take large quantities of emergency food to hard-to-reach and underserved communities. Our trucks transport the food and then community volunteers help unload and distribute the food to those in need.



**10,381** individuals received food each month

**46** communities served

## Our Vision

A hunger-free Idaho.

## Our Mission

To help feed, educate and advocate for Idaho's hungry through collaborative partnerships to develop efficient solutions that strengthen individuals, families and communities.

## Board of Directors

Chair	Steve Peterson
Chair Elect	Blair Wilson
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## The Idaho Foodbank

Karen Vauk  
President and CEO

Morgan Wilson  
Vice President of Development

Pat Kriley  
Vice President of Operations

Nicole Glisson  
Chief Financial Officer

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### Eastern Idaho

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Rebecca Ristrem, Branch Manager  
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# Giving



Join us for the 8th Annual Hunger Bowl as the Boise State Broncos take on the Air Force Falcons Friday, November 20, 2015 at Albertsons Stadium. Participation is easy – simply bring any non-perishable food item to the game and drop it off at one of the many donation locations.



Thank you to Albertsons for pledging to donate \$500 for every sack the Broncos get this season, as well. They've pledged as high as \$20,000 to help solve hunger. 🍎

To learn more about our upcoming events, head to [idahofoodbank.org/events](http://idahofoodbank.org/events).

## Delicious Beef Kabobs for Your Tailgate

### Instructions

1-1/2 pounds beef Ranch Steaks, cut 1 inch thick  
Salt and pepper

#### Marinade:

2 tablespoons fresh lime juice  
2 tablespoons olive oil  
2 large cloves garlic, minced  
1 medium jalapeno pepper, minced  
1/2 teaspoon ground cumin

#### Pineapple Salsa:

1/2 medium pineapple, peeled, cored, cut into 1-1/2 inch chunks (about 3 cups)  
1 medium red onion, cut into 12 wedges  
1 large red or green bell pepper, cut into 1-1/2 inch pieces  
2 teaspoons freshly grated lime peel  
1/2 teaspoon salt



Cut beef steaks into 1-1/4-inch pieces. Combine marinade ingredients in medium bowl. Remove and reserve 2 tablespoons for salsa. Add beef to remaining marinade; toss to coat. Cover and marinate in refrigerator 30 minutes to 2 hours.

Remove beef from marinade; discard marinade. Thread beef pieces onto six 10-inch metal skewers, leaving small space between pieces. Alternately thread fruit and vegetable pieces evenly onto six 10-inch metal skewers.

Place fruit and vegetable kabobs on grid over medium, ash-covered coals. Grill, covered, 12 to 15 minutes or until vegetables are tender, turning occasionally. Remove; keep warm. Place beef kabobs in center of grid. Grill, covered, 5 to 7 minutes (over medium heat on preheated gas grill, 7 to 9 minutes) for medium rare (145°F) to medium (160°F) doneness, turning occasionally.

Remove fruit and vegetables from skewers; coarsely chop. Combine with reserved marinade, lime peel and 1/2 teaspoon salt in medium bowl. Season beef with salt and pepper, as desired. Serve with Pineapple Salsa.



## Feed the Future

As you make your plans for your holiday and end-of-the-year gifts, did you know you can also give a planned donation to help future efforts to solve hunger? By planning a gift to The Idaho Foodbank, your legacy gift through our program “Feed the Future” helps us to distribute food to those in need, raise public awareness and promote viable solutions to hunger, now and for years to come.

A legacy gift comes from careful consideration of a number of important factors, including the assets to be used to fund the gift, the gift's timing, effects on income-tax and financial planning, the impact on family members and friends, and the gift's purpose. A legacy gift is best made with the counsel of your legal, tax or financial advisor. 🍎

For information about The Idaho Foodbank and its vision to solve hunger, please call or email Teri McColly at 208-577-2679 or email at [tmccolly@idahofoodbank.org](mailto:tmccolly@idahofoodbank.org).

Thank you to the Idaho Beef Council, Agri Beef Company and the Beef Counts program for providing tasty, nutritious beef to help us solve hunger in Idaho.





The Idaho Foodbank  
3562 South TK Avenue  
Boise, ID 83705



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# HOPE

for the holidays

Join us for these events and drives benefitting The Idaho Foodbank:

Turkey Bucks sold at Albertsons	Statewide	Through November
Stinker's Stomp Out Hunger	Statewide	November 6-16
Scouting for Food	Boise	November 14
Hunger Bowl at Boise State	Boise	November 20
Cranksgiving	Pocatello	November 21
Empty Bowls, located on the Grove	Boise	November 27
Idaho Ho-Ho Album Release	Boise	For sale at Empty Bowls
Holiday Bucks sold at Albertsons	Statewide	Through December
Giving Tuesday	Statewide	December 1
7 Cares	Boise	December 12
Les Schwab Turkey Drive	Statewide	Through December 22

Donate today!



To donate online, or for more information on specific events and food drives visit: [idahofoodbank.org](http://idahofoodbank.org)

