The Idaho Foodbank®
annual report fiscal year 2019

HUNGER IS REAL
- 1 in 8 (210,400) Idahoans are food insecure
- 1 in 6 (69,900) children are food insecure
- 7 Idaho counties have a childhood hunger rate higher than 20%

Food insecurity numbers from 2017 Map the Meal Gap Report
The Idaho Foodbank has a history of service to the community, supplying food to help families in hard times. In recent years, increasing rates of diabetes, obesity, high blood pressure, and other chronic diet-related diseases and conditions in the state have alarmed health care providers, our health partners, and The Idaho Foodbank. Since hunger contributes to all of these conditions, it is our desire to collaborate with community members to promote health across our state.

The Idaho Foodbank launched our Hunger to Health strategy to help the people we serve know that their health and preferences for more healthy foods are among our highest priorities. The Hunger to Health strategy is committed to collaborating and partnering with other organizations and individuals as we undertake the following initiatives:

1. **Nutrition Initiative** includes an emphasis on providing healthy food to the individuals, families and communities in need throughout our statewide network. In the last year 80% of the food the Foodbank provided was considered nutritious.

2. **Education Initiative** includes the delivery and promotion of cooking and nutrition education, and the distribution of nutrition/health education materials to our statewide partner network and thousands of food recipients.

3. **Social Determinants of Health** includes promoting engagement with healthcare professionals to utilize an assessment tool and process regarding the social determinants of health, including food insecurity questions. If a patient screens positive for hunger then they can be guided to resources to meet their needs.

4. **Community Health Initiative** includes partnering with key stakeholders on community health assessments/projects, offering leadership, subject-matter expertise, and/or solutions as needed. An example of this work is a Mobile Pantry in Southwest Idaho that is combined with a mobile health clinic to provide both food and healthcare to those served.

The Hunger to Health strategy is focused on the wellbeing of individuals, along with the health of communities across our state through access to nutritious food and other resources required for good health. The Idaho Foodbank is proud to work alongside our many partners and thought leaders to make Idaho not just hunger free but healthier.
PROGRAMS PROMOTE HEALTHY FAMILIES AND COMMUNITIES

BACKPACK PROGRAM
- 2,872 children served
- 63,148 backpacks distributed statewide

SCHOOL PANTRY PROGRAM
- 1,890 households served
- 171,903 meals

PICNIC IN THE PARK PROGRAM
- 670 children served daily (average; Boise metro area only)
- 35,860 meals served June-August

COOKING MATTERS PROGRAM
- 1,113 participants statewide
- 72 cooking/in-store classes statewide

MOBILE PANTRY PROGRAM
- 15,411 people served monthly (average)
- 555 mobile distributions
- 56 communities served

SENIOR NUTRITION PROGRAM
- 2,293 seniors served monthly
- 25,543 food boxes distributed statewide

“Cooking Matters dismantles the myth that eating healthy is too expensive. It gives students the tools to completely change their lives.”

– Cooking Matters Instructor & Registered Dietitian Nutritionist

Food Category: Beverage
FY19 Distributed: 4.08%
Ultimate Goal: 2%

Food Category: Meat Protein
FY19 Distributed: 10%
Ultimate Goal: 13.6%

Food Category: Non-Meat Protein
FY19 Distributed: 3.5%
Ultimate Goal: 2.4%
MEETING THE NEED THROUGH RESPONSIBLE GROWTH

PEOPLE SERVED AND VOLUNTEERISM

- **201,500** families, seniors and children served monthly
- **$1** can provide food for five meals
- **25,900** volunteers
- **63,000** volunteer hours

FINANCIAL STATEMENT

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>FY 2018</th>
<th>FY 2019</th>
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</thead>
<tbody>
<tr>
<td>Value of Donated Food</td>
<td>$30,589,639</td>
<td>$32,152,977</td>
</tr>
<tr>
<td>Donated Funds</td>
<td>$6,561,113</td>
<td>$6,895,684</td>
</tr>
<tr>
<td>In-Kind Donations</td>
<td>$310,240</td>
<td>$378,633</td>
</tr>
<tr>
<td>Program Services and Other</td>
<td>$983,705</td>
<td>$801,257</td>
</tr>
<tr>
<td><strong>Total Revenue:</strong></td>
<td><strong>$38,444,697</strong></td>
<td><strong>$40,228,551</strong></td>
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<table>
<thead>
<tr>
<th>PROGRAM EXPENSES</th>
<th>FY 2018</th>
<th>FY 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Purchased Food</td>
<td>$1,091,209</td>
<td>$990,390</td>
</tr>
<tr>
<td>Donated Food and Freight</td>
<td>$30,526,80</td>
<td>$31,937,337</td>
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<tr>
<td>Other</td>
<td>$3,490,381</td>
<td>$3,615,768</td>
</tr>
<tr>
<td><strong>Total Program Expenses:</strong></td>
<td><strong>$35,108,390</strong></td>
<td><strong>$36,543,496</strong></td>
</tr>
<tr>
<td>Administrative and Fundraising</td>
<td>$2,205,120</td>
<td>$2,330,891</td>
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<tr>
<td><strong>Total Expenses:</strong></td>
<td><strong>$37,313,510</strong></td>
<td><strong>$38,874,387</strong></td>
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The only Idaho nonprofit to receive a four-star rating for 10 consecutive years. For additional information visit: idahofoodbank.org

EXPENSES

- 4.2% Programs/Services
- 6% Fundraising
- 21% Admin
- 23% Other
- 47% Government
- 6% Foundations/Trusts
- 3% Corporations
- 94% Individuals

REVENUES

- 94% Individuals
- 4.2% Corporations
- 3% Foundations/Trusts
- 23% Government
- 6% Other

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Food Category:
- **Dairy**
  - FY19 Distributed: 13%
  - Ultimate Goal: 15%

Food Category:
- **Ready-made Meals**
  - FY9 Distributed: 3.26%
  - Ultimate Goal: 4.0%

Food Category:
- **Mixed and Assorted (grocery store food rescue, food drive)**
  - FY19 Distributed: 8.83%
  - Ultimate Goal: 5%

Food Category:
- **Not Intentionally Sourced (dessert/candy, non food, condiments)**
  - FY19 Distributed: 2.97%
  - Ultimate Goal: 3%