

feeding idaho families



The Idaho Foodbank®
annual report fiscal year 2019

Member of
**FEEDING
AMERICA**

HUNGER IS REAL

- **1 in 8 (210,400)** Idahoans are food insecure
- **1 in 6 (69,900)** children are food insecure
- **7 Idaho counties** have a childhood hunger rate higher than 20%

Food insecurity numbers from 2017 Map the Meal Gap Report



FROM HUNGER TO HEALTH



The Idaho Foodbank has a history of service to the community, supplying food to help families in hard times. In recent years, increasing rates of diabetes, obesity, high blood pressure, and other chronic diet-related diseases and conditions in the state have alarmed health care providers, our health partners, and The Idaho Foodbank. Since hunger contributes to all of these conditions, it is our desire to collaborate with community members to promote health across our state.

The Idaho Foodbank launched our Hunger to Health strategy to help the people we serve know that their health and preferences for more healthy foods

are among our highest priorities. The Hunger to Health strategy is committed to collaborating and partnering with other organizations and individuals as we undertake the following initiatives:

1. **Nutrition Initiative** includes an emphasis on providing healthy food to the individuals, families and communities in need throughout our statewide network. In the last year 80% of the food the Foodbank provided was considered nutritious.
2. **Education Initiative** includes the delivery and promotion of cooking and nutrition education, and the distribution of nutrition/health education materials to our statewide partner network and thousands of food recipients.

3. **Social Determinants of Health** includes promoting engagement with healthcare professionals to utilize an assessment tool and process regarding the social determinants of health, including food insecurity questions. If a patient screens positive for hunger then they can be guided to resources to meet their needs.

4. **Community Health Initiative** includes partnering with key stakeholders on community health assessments/projects, offering leadership, subject-matter expertise, and/or solutions as needed. An example of this work is a Mobile Pantry in Southwest Idaho that is combined with a mobile health clinic to provide both food and healthcare to those served.

The Hunger to Health strategy is focused on the wellbeing of individuals, along with the health of communities across our state through access to nutritious food and other resources required for good health. The Idaho Foodbank is proud to work alongside our many partners and thought leaders to make Idaho not just hunger free but healthier.

DELIVERING HOPE STATEWIDE

FOOD DISTRIBUTED IN IDAHO

- **20.3 Million pounds**
 - **12.5 Million** pounds in southwest
 - **5.9 Million** pounds in eastern
 - **1.8 Million** pounds in north central
- **80%** food considered nutritious
- **90%** food donated to the Foodbank
- **400+** community distribution partners statewide



Food categories by the numbers



Food Category:
Fruit/Vegetable
FY19 Distributed:
36.30%
Ultimate Goal:
39%



Food Category:
Whole Grain
FY19 Distributed:
1%
Ultimate Goal:
11%



Food Category:
Refined Grain
FY19 Distributed:
12%
Ultimate Goal:
4%

PROGRAMS PROMOTE HEALTHY FAMILIES AND COMMUNITIES



BACKPACK PROGRAM

- **2,872** children served
- **63,148** backpacks distributed statewide

SCHOOL PANTRY PROGRAM

- **1,890** households served
- **171,903** meals

PICNIC IN THE PARK PROGRAM

- **670** children served daily (average; Boise metro area only)
- **35,860** meals served June-August

COOKING MATTERS PROGRAM

- **1,113** participants statewide
- **72** cooking/in-store classes statewide

MOBILE PANTRY PROGRAM

- **15,411** people served monthly (average)
- **555** mobile distributions
- **56** communities served

SENIOR NUTRITION PROGRAM

- **2,293** seniors served monthly
- **25,543** food boxes distributed statewide



“Cooking Matters dismantles the myth that eating healthy is too expensive. It gives students the tools to completely change their lives.”

– Cooking Matters Instructor & Registered Dietitian Nutritionist



Food Category:

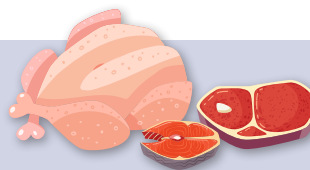
Beverage

FY19 Distributed:

4.08%

Ultimate Goal:

2%



Food Category:

Meat Protein

FY19 Distributed:

10%

Ultimate Goal:

13.6%



Food Category:

Non-Meat Protein

FY19 Distributed:

3.5%

Ultimate Goal:

2.4%

MEETING THE NEED THROUGH RESPONSIBLE GROWTH



PEOPLE SERVED AND VOLUNTEERISM

- **201,500** families, seniors and children served monthly
- **\$1** can provide food for five meals
- **25,900** volunteers
- **63,000** volunteer hours

FINANCIAL STATEMENT

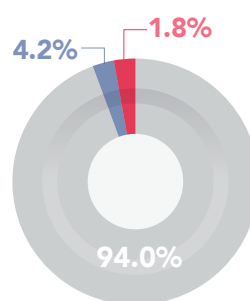
REVENUE	FY 2018	FY 2019
Value of Donated Food	\$30,589,639	\$32,152,977
Donated Funds	\$6,561,113	\$6,895,684
In-Kind Donations	\$310,240	\$378,633
Program Services and Other	\$983,705	\$801,257
Total Revenue:	\$38,444,697	\$40,228,551

PROGRAM EXPENSES

Purchased Food	\$1,091,209	\$990,390
Donated Food and Freight	\$30,526,80	\$31,937,337
Other	\$3,490,381	\$3,615,768

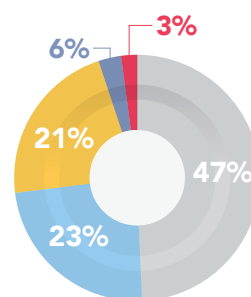
Total Program Expenses:	\$35,108,390	\$36,543,496
Administrative and Fundraising	\$2,205,120	\$2,330,891

Total Expenses:	\$37,313,510	\$38,874,387
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EXPENSES

- Programs/Services
- Fundraising
- Admin



REVENUES

- Individuals
- Corporations
- Foundations/Trusts
- Government
- Other



The only Idaho nonprofit to receive a four-star rating for 10 consecutive years.

For additional information visit:
idahofoodbank.org



Food Category:

Dairy

FY19 Distributed:

13%

Ultimate Goal:

15%



Food Category:

Ready-made Meals

FY19 Distributed:

3.26%

Ultimate Goal:

4.0%



Food Category:

Mixed and Assorted (grocery store food rescue, food drive)

FY19 Distributed:

8.83%

Ultimate Goal:

5%



Food Category:

Not Intentionally Sourced (dessert/candy, non food, condiments)

FY19 Distributed:

2.97%

Ultimate Goal:

3%