

# FOOD RESCUE

Distribution & Usage Time Lines from Their SELL BY, BEST BY, & ENJOY BY Dates

For Questions Call  
208-336-9643



## DAIRY & EGGS



Alternative Milk Beverages (Soy, Rice, Nut).....	7 Days
Butter.....	2-3 Month
Buttermilk.....	14 Days
Cheese, Soft or Cream Cheese.....	14 Days
Cream Cheese.....	14 Days
Cheese, Cottage.....	14 Days
Cheese, Hard.....	6 Months
Cheese, Processed (sliced, shredded, string).....	3-4 Weeks
Cheese, Ricotta.....	7 Days
Cream, Half & Half.....	5 Days
Cream, Heavy.....	10 Days
Eggs, Hard boiled.....	5 Days
Eggs, in shell.....	4-5 Weeks
Eggnog.....	5 Days
Egg Substitutes.....	10 Days
Margarine.....	6 Months
Milk.....	5 Days
Sour Cream.....	14 Days
Whipped Cream, aerosol.....	3-4 Weeks
Whipped Topping, non-dairy tub.....	14 Days
Yogurt.....	14 Days

These are minimum guidelines for unopened, refrigerated products as recommended by The Idaho Foodbank.

## PRODUCE



**Visually Inspect all produce for signs of spoilage.**

Bagged Salad or Spinach, Cut.....	14-18 Days
Fruit, Cut.....	2-14 Days
• Melon, Strawberries, Cut.....	2-9 Days
Loose Produce.....	Visually Inspect
Vegetables, Cut.....	2-14 Days
• Broccoli, Cauliflower, Carrots, Cut.....	10-14 Days

Please use good judgment and common sense when distributing product.

## ASSORTED COOLER PRODUCTS



Coffee Drinks with Dairy.....	7 Days
Coffee Drinks without Dairy.....	3 Months
Custard or Rice Puddings.....	3 Days
Dips or Dressings.....	14 Days
Dough, Biscuit, Bread or Pizza.....	2 Days
Dough, Cookie.....	7 Days
Grab & Go Sandwiches.....	2 Days
Guacamole.....	5 Days
Juice, Refrigerated.....	3 Weeks
Lunchable® or Deli Packs.....	3 Days
Pasta, Fresh.....	2 Days
Pesto or Sauces, Fresh.....	7 Days
Salsa, Fresh.....	3 Days
Tortillas, Fresh.....	7 Days
Tofu or Tempeh.....	7 Days

Additional Information can be found at:  
[idahofoodbank.org/foodrescue](http://idahofoodbank.org/foodrescue)

## Meat & Poultry

**IF FROZEN:** maintain at 0°F

**IF NOT FROZEN:** Acceptable at 41°F or lower and within product date then frozen solid

**ALL FROZEN PROTEIN:** Maintain at 0°F and should be distributed within 90 days.



## Do Not Distribute After Expiration Date:

Baby Formula • Over the Counter Medication • Baby Food, Jar/ Pouch/ Plastic Tubs

