

FEEDING IDAHO FAMILIES

THE IDAHO FOODBANK®



HUNGER IS **REAL**

202,390 Idahoans are food insecure ■

57,620 children are food insecure ■

38% increase in food distribution statewide ■

2021
FISCAL
YEAR
ANNUAL
REPORT

MAY 2020 – APRIL 2021



Member of
**FEEDING
AMERICA**

A YEAR OF IMPACT AND HOPE



COVID-19 caused a historic disruption in both the health and economic stability of Americans. This upended the lives of Idahoans and caused many individuals and families, for the first time, to wonder how they will pay their bills. With the help of thousands of volunteers, supporters and food donors, The Idaho Foodbank provided more food than ever before and stood proudly with organizations across the state to help our neighbors in need.

The Idaho Foodbank's facilities in Meridian, Lewiston and Pocatello remained fully operational throughout these unprecedented times. With the majority of our statewide network of 465+ community partners experiencing an increase in demand, the safety of our partners, volunteers, staff and neighbors was at the forefront of our action plan. The Foodbank made quick changes to operations to ensure we could both distribute more food and keep our operations going.

Prior to COVID-19, we had seen a year-over-year reduction in food insecurity in Idaho. However, during the pandemic the number of individuals and families in need increased substantially with The Foodbank serving more than 197,000 people each month.

The good news is the recovery is in motion. Feeding America's most recent Map the Meal Gap report estimates that 1 in 9 Idahoans may experience food insecurity in 2021. It also estimates that 1 in

8 Idaho children may experience food insecurity. Recovery will take time and looks different in each community. As a collaborative organization, we will continue to work with our partners to meet people where they are.

We are heartened to see that the level of need has decreased from the first year of the pandemic. We also know that rising costs of housing and food continue to impact Idahoans, and we are committed to the recovery of families. As the needs will vary by community, we will continue to work with our partners to understand and respond to what is happening at the local level.

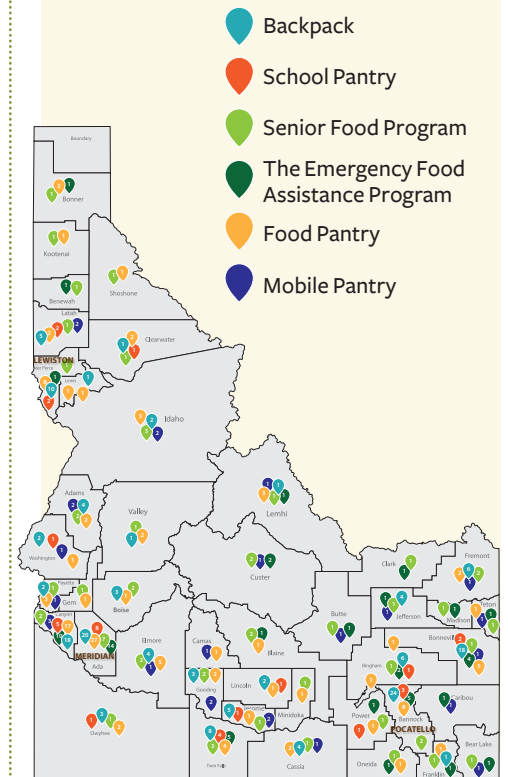
We are hopeful our recovery will remain on track for each family and individual in our state, and we stand ready for what the future may hold. We are committed to serving the people of Idaho now and throughout the recovery.



Delivering Hope Statewide

FOOD DISTRIBUTED IN IDAHO

- **30,903,232** pounds distributed statewide
- **18,984,120** pounds in southwest
- **9,139,570** pounds in eastern
- **2,779,411** pounds in north central
- **87%** food considered nutritious
- **84%** food donated to the Foodbank
- **465+** community distribution partners statewide



FOOD CATEGORIES BY THE NUMBERS



FRUIT/VEGETABLE
FY21 Distributed: 42%



GRAIN
FY21 Distributed: 11%



BEVERAGE
FY21 Distributed: 2%

SOCIAL DETERMINANTS

What Makes Us Healthy



Health starts where we live, learn, work and play. Many people only think of healthcare services when envisioning health, but 70% of our health is determined by behavior and environment. In addition to doctor visits, access to nutritious food, education, stable and affordable housing, transportation, and air/water quality in our environment are all part of what is known as our social determinants of health. At The Idaho Foodbank, we know that hunger is a major factor impacting a person's health. That is why we have our Hunger to Health Strategy, which is composed of three initiatives:

● **Nutrition:** Driven by the USDA's MyPlate recommendations, our goal is to make the healthy choice the easy choice. The Idaho Foodbank categorizes food to ensure we are providing nutritious items such as fruits and vegetables, whole grains, dairy and protein.

● **Education:** We promote nutrition education, cooking classes and the distribution of nutrition and health education materials.

● **Healthy Communities:** We collaborate with organizations across our state to provide leadership, subject-matter expertise, and/or solutions to community needs.

Studies repeatedly show food insecure households consistently have more emergency room visits, hospital admissions, and total days in the hospital. Hunger causes higher incidents of chronic diseases such as diabetes, hypertension, heart disease, kidney disease and depression (Feeding America, Root Cause Coalition).

Thank you for helping to create a hunger-free and healthier Idaho today and into the future. Learn more: idahofoodbank.org/programs/health-care

MAKING A FRESH APPROACH A REALITY



The Fresh Approach campaign was created as part of an intentional goal to grow in order to help hungry Idahoans today and in the future. After upgrades to our Pocatello facility and building a new facility in Lewiston, the campaign is nearing the end with the grand opening of our main facility in Meridian.

Idaho's newest hunger relief facility in the Treasure Valley has increased our physical capacity to receive and distribute nutritious food. It has also allowed us to have a designated community meeting space and a kitchen for in-house nutrition classes. With nearly three times the space of our former warehouse, we have the room to adapt as the need changes in our state.

To date, we have raised 96% of our fundraising goal. We couldn't have done this without generous donors, including:

- Jacksons Companies
- J.R. Simplot Company
- Norco, Inc.
- Scentsy, Inc.
- M.J. Murdock Charitable Trust
- The ALSAM Foundation
- St. Luke's
- A J and Susie Balukoff
- Art and Michelle Beale
- Micron Foundation
- Harry W. Morrison Foundation
- Fred Meyer
- Marybeth Flachbart
- Blue Cross of Idaho
- Sunderland Foundation
- Saint Alphonsus Health System
- Laura Moore Cunningham Foundation, Inc.
- Dykman Family
- Generous Anonymous Donors

If you can help us meet our fundraising goal, please contact our Chief Development Officer, Morgan Wilson, at morganw@idahofoodbank.org.

Programs Promote Healthy Families and Communities

BACKPACK PROGRAM:

- 2,651 children served
- 63,149 backpacks distributed statewide

SCHOOL PANTRY PROGRAM:

- 12,173 households served
- 332,493 meals distributed

MOBILE PANTRY PROGRAM:

- 25,498 people served (monthly average)
- 556 mobile distributions
- 49 communities served

SENIOR NUTRITION PROGRAM (CSFP):

- 2,105 seniors served monthly
- 25,258 food boxes distributed statewide



MEAT PROTEIN
FY21 Distributed: 8%



NON-MEAT PROTEIN
FY21 Distributed: 3%



DAIRY
FY21 Distributed: 20%

Meeting the Need Through Responsible Growth



PEOPLE SERVED AND VOLUNTEERISM

- As many as **182,557** people served any given month
- **\$1** can provide food for four meals
- **17,474** volunteers
- **53,156** volunteer hours

FINANCIAL STATEMENT

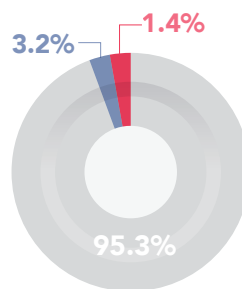
REVENUE	FY 2020	FY 2021
Value of Donated Food	\$36,390,484	\$50,515,740
Donated Funds	\$11,419,449	\$18,014,829
In-Kind Donations	\$2,252,812	\$376,715
Program Services and Other	\$1,809,912	\$4,613,830
Total Revenue:	\$51,872,657	\$73,521,114

PROGRAM EXPENSES

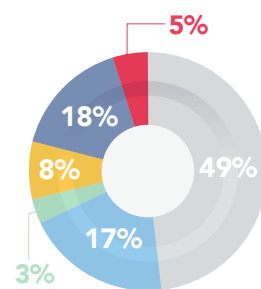
Purchased Food	\$1,292,796	\$3,143,374
Donated Food and Freight	\$35,629,387	\$46,402,028
Other	\$3,955,700	\$8,011,880

Total Program Expenses:	\$40,877,883	\$57,557,282
Administrative and Fundraising	\$2,556,927	\$2,809,973

Total Expenses:	\$43,434,810	\$60,367,255
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- EXPENSES**
- Program/Services
 - Fundraising
 - Administration



- REVENUES**
- Individuals
 - Corporations
 - Foundations
 - Organizations
 - Government
 - Other



The only Idaho nonprofit to receive a four-star rating for 11 consecutive years.

For additional information visit: idahofoodbank.org



READY-MADE MEALS
FY21 Distributed: 5%



MIXED AND ASSORTED
(grocery store food rescue, food drive)
FY21 Distributed: 6%



NOT INTENTIONALLY SOURCED
(dessert/candy, non-food, condiments)
FY21 Distributed: 2%