

FEEDING IDAHO FAMILIES

THE IDAHO FOODBANK®



HUNGER IS **REAL**

8.2% of Idahoans are food insecure ■

8.6% of Idaho children are food insecure ■

86% of distributed food considered nutritious ■

2023
FISCAL
YEAR
ANNUAL
REPORT

MAY 2022 – APRIL 2023





According to Feeding America's *Map the Meal Gap* report, Minidoka County has a food insecurity rate of 10.3 percent. This is higher than Idaho's overall food insecurity rate of 8.2 percent. In Idaho, 15 percent of individuals who are Hispanic are facing food insecurity.

In our last fiscal year, The Idaho Foodbank hosted a food distribution in partnership with the Minidoka School District. This food distribution began as a pilot Mobile Pantry with a goal of improving services to underserved Hispanic and Latino communities. This was the result of community champions and recommendations from our Community Liaison program.

In 2020, with the help of grants from Feeding America and Micron, The Idaho Foodbank employed Community Liaisons to better understand the needs of historically marginalized populations in Idaho, including

Hispanic and Latino communities. They came back with several recommendations to improve access to food which included holding a food distribution on a weekend or during the evening; providing culturally relevant foods, including masa and tomatillos; having bilingual volunteers and materials available in Spanish; and hosting the food distribution at an easily accessible location, such as a school.

We partnered with the Minidoka School District and their migrant outreach program to find a time that would be convenient for families needing food and to market to the underserved population. Families learned about the food distribution through social media, the school newspaper, Spanish radio, and word of mouth. At the first food distribution, more than 200 households were served. Families contacted the school the following week and expressed their thanks for

the variety and freshness of the food.

Ending hunger requires access to community resources that lift individuals and families out of challenging times and into stable situations. We know that to provide food today and resources for the future we have to work in partnership to find meaningful solutions. The partnerships formed in Minidoka are a great example of how we can work together to address the needs in our communities, particularly for those who are underserved. We look forward to continuing to work together to find new ways to serve all our neighbors in need.



HOW DONORS HELP THE FOODBANK SOLVE HUNGER



ONE
Your gift is the first critical step in feeding people in Idaho who are at risk of hunger.



TWO
We build partnerships with: • Growers • Processors • Retailers • Manufacturers • Wholesalers ... And encourage them to donate groceries that might otherwise go to waste.



THREE
Our fleet of trucks moves the food within our network, making sure donated food goes where it is needed most.



FOUR
Community partners ensure safe storage and distribute the food to neighbors in need.



FIVE
Food reaches people at:
• Food pantries
• Soup kitchens
• Senior centers
• Homeless shelters
• Youth programs

HUNGER TO HEALTH STRATEGY



Several years ago, The Idaho Foodbank launched our Hunger to Health Strategy, which has three initiatives – nutrition, education, and healthy communities. We have increased the amount of nutritious food we distributed last fiscal year to 86% as part of our nutrition initiative. When it comes to education, we have Cooking Matters classes and we share information about nutritious eating. When we talk about healthy communities, our role is to collaborate with organizations across our state to share information and work together to find solutions to new and existing community needs.

In spring 2023, The Idaho Foodbank held conferences in Pocatello and Lewiston to discuss

the top health needs of their region. It was also a time to learn about resources beyond food that are available to our pantry partners and how to work together to reach the goal of ending hunger.

These conferences included panel discussions on how to co-locate food and health resources within a food pantry and how to be aware of and respond to the mental health needs of some of the people we serve. The conferences also included presentations from the Idaho Department of Labor on workforce development and how to use findhelpidaho.org to find more services for people in need and share information about the pantry's services.

When asked what the most valuable part of the conference was, one attendee responded:

“Knowing what there is to help our clients, beyond food.”

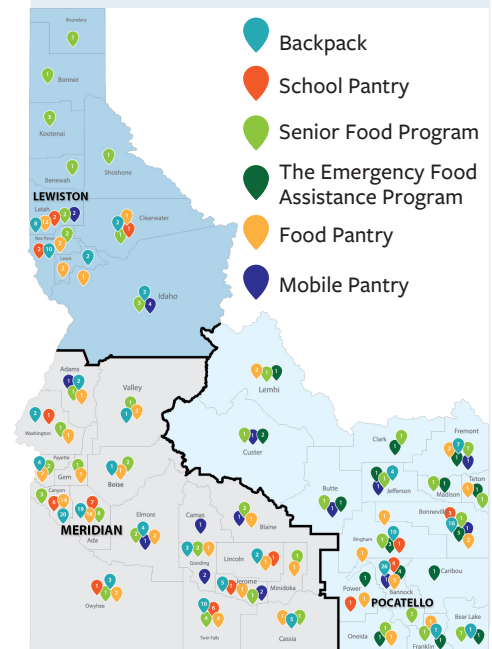
These conferences have been a great way to bring our partner network together with healthcare professionals, job training organizations, and other partners doing similar work in their region of the

state. Bringing people together and learning from each other is one way we can reduce food insecurity and improve the overall health of our communities in Idaho.

Delivering Hope Statewide

FOOD DISTRIBUTED IN IDAHO

- **28,616,494** pounds distributed statewide
- **18,826,885** pounds in southwest
- **6,993,915** pounds in eastern
- **2,797,365** pounds in north central
- **86%** food considered nutritious
- **88%** food donated to the Foodbank
- **440+** community distribution partners statewide



Programs Promote Healthy Families and Communities

BACKPACK PROGRAM:

- 2,172 children served
- 63,903 backpacks distributed statewide

SCHOOL PANTRY PROGRAM:

- 12,414 households served
- 425,381 lbs distributed

MOBILE PANTRY PROGRAM:

- 19,873 people served (monthly average)
- 16,325 volunteer hours at Mobile Pantries statewide
- 609 mobile distributions
- 68 communities served

SENIOR NUTRITION PROGRAM:

- 48,514 seniors served monthly
- 25,627 food boxes distributed statewide

FOOD CATEGORIES BY THE NUMBERS



FRUIT/VEGETABLE
FY23 Distributed: 39%



GRAIN
FY23 Distributed: 12%



BEVERAGE
FY23 Distributed: 2%



PROTEIN
FY23 Distributed: 16%

Meeting the Need Through Responsible Growth

PEOPLE SERVED AND VOLUNTEERISM

- As many as **212,922** people served any given month (statewide):
 - 129,394 people served in Southwest
 - 57,483 people served in East
 - 26,045 people served in North Central
- **\$5** can provide food for up to 15 meals
- **63,068** volunteers - Equivalent to 30 full time employees



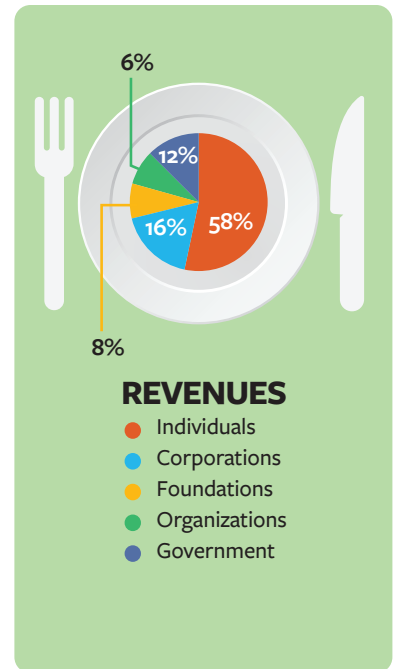
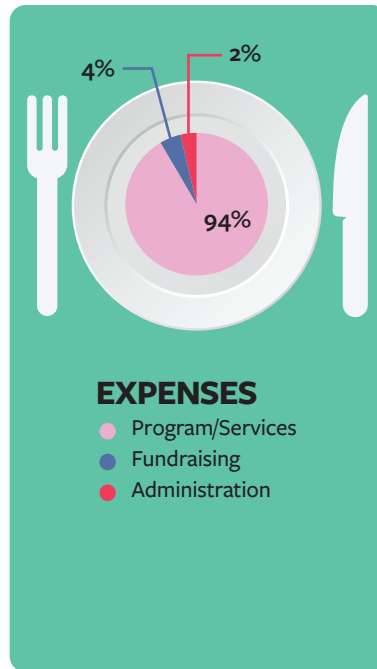
FINANCIAL STATEMENT

REVENUE

	FY 2022	FY 2023
Value of Donated Food	\$45,009,066	\$45,379,214
Donated Funds	\$10,862,974	\$10,495,852
In-Kind Donations	\$325,026	\$714,948
Program Services and Other	\$2,287,815	\$1,947,723
Total Revenue:	\$58,484,881	\$58,537,737

PROGRAM EXPENSES

	FY 2022	FY 2023
Purchased Food	\$4,227,109	\$3,918,012
Donated Food and Freight	\$43,890,334	\$47,696,534
Other	\$5,138,468	\$5,706,532
Total Program Expenses:	\$53,255,911	\$57,321,078
Administrative and Fundraising	\$3,035,378	\$3,538,539
Total Expenses:	\$56,291,289	\$60,859,617



About The Idaho Foodbank

The Idaho Foodbank is an independent, donor-supported, nonprofit organization. It is the largest statewide distributor of free food assistance in Idaho. The Idaho Foodbank was established in 1984 and since that time has distributed millions of pounds of nutritious food through its facilities in Lewiston, Meridian, and Pocatello. In the last fiscal year, The Foodbank provided food for 23.8 million meals to Idahoans living with food insecurity. The Foodbank distributes food through a network of more than 440 partners including schools, food pantries, senior centers, feeding sites, shelters, mobile pantries, and churches. Recognizing the crucial connection between hunger and health, The Idaho Foodbank focuses on providing nutritious food and collaborates with community organizations to promote nutrition education, wellness resources, and healthy living. Visit idahofoodbank.org for more information. You can also find us on your favorite social media platform.



The only Idaho nonprofit to receive a four-star rating for 14 consecutive years.

FOOD CATEGORIES BY THE NUMBERS



DAIRY
FY23 Distributed: 15%



READY-MADE MEALS
FY23 Distributed: 2%



MIXED AND ASSORTED
(grocery store food rescue, food drive)
FY23 Distributed: 11%



NOT INTENTIONALLY SOURCED
(dessert/candy, non-food, condiments)
FY23 Distributed: 2%