

# **Committed to Solving Hunger in Idaho**



Last year we distributed food for more than **23.8 million meals** through our statewide partner network and direct-service programs. Through these programs and our network, we provided food for more than **212,000** Idahoans every month.

## Programs that Make a Difference



## Children

Our school programs and partners are focused on ensuring children have the support they need to learn, grow, and thrive.

#### Backpack

The Backpack Program provides weekend meals to students who are food insecure. Backpacks are distributed to participating students on Fridays or the last day of the school week. The Backpack includes enough food to nourish a student for the weekend. All food items are kid-friendly, non-perishable, and nutritious.

#### School Pantry

The School Pantry Program aims to help alleviate student hunger by making food easily available to students and their families. Pantries are located within a school and intended to increase access to food and resources through a convenient, safe, and comfortable environment.



## **Health and Nutrition**

This starts in our homes, schools, and broader communities. Food insecurity is much more than having basic needs go unmet - it has profound implications for health, economic stability, and quality of life.

#### **Nutrition Education**

Nutrition Education is key to helping end hunger by inspiring families to make healthy, affordable food choices. The Idaho Foodbank utilizes the Cooking Matters programs which teach parents and caregivers with limited food budgets to shop for and cook healthy meals. Cooking Matters is a campaign of Share Our Strength, an organization working to end hunger and poverty.

#### FISCAL YEAR 2023



Programs and food distributions are coordinated through facilities in Meridian, Pocatello and Lewiston.

### Over **440** community partners



Idaho counties receiving programs and/ or services

## 1984

The Idaho Foodbank Warehouse opened its doors in Boise.

**255,365 lbs** Food distributed in 1985

## 28.6 Million lbs

Food distributed in FY23

"It's a good resource for anybody that finds it challenging - so you can stretch it out a little bit longer until you get your paycheck."

- Client, Mobile Pantry

"We have students and families that have gone through rough times. In some households, income dropped to nothing and the resource center became a place where they could come for help and hope."

- School Survey Response



## **Families and Individuals**

More than 150,000 people are facing food insecurity in Idaho. Providing food access across the entire state is possible thanks to our strong network of food distribution partners that are working to end hunger, one community at a time.

#### **Mobile Pantry**

Not everyone lives in a community that has a grocery store or has access to a brick and mortar food pantry. This happens in both rural and urban communities. To address this need, The Idaho Foodbank sends a truckload of food to designated communities in hard-toreach or high-need areas, enabling participants to receive nutritious food closer to home.



## **Senior Nutrition**

According to Feeding America 5.4% of Idaho seniors experience food insecurity. One way that The Idaho Foodbank is improving the health and well-being of seniors age 60+ is through a program to specifically provide seniors with nutritious food.

### The Commodity Supplemental Food Program (CSFP) Food boxes

In partnership with the Idaho Commission on Aging, The Idaho Foodbank distributes these CSFP senior food boxes through our partner network in all 44 counties of Idaho. Designed specifically for Idaho Seniors, monthly items can include: milk, cheese, peanut butter, cereal, canned fruits and vegetables, rice, beans, and meat.

## Volunteers Make it Work



The Idaho Foodbank provides hunger relief to thousands of Idahoans in need thanks to the support of dedicated volunteers. Every day, volunteers perform essential tasks from sorting and repackaging donated food in our warehouses to assisting with programs.



# Donated food fills the distribution network

In Fiscal Year 2023, 88% of the food distributed by The Idaho Foodbank was donated; 12% was purchased.

#### FISCAL YEAR 2023 DONATED FOOD:

- **34%** came from manufacturers, distributors, and growers
- **36%** came from food rescue grocery store partners
- 8% came from TEFAP and CSFP (Government Programs)
- **3%** came from food drives
- **19%** came from sharing truckloads of food with other food banks

**94%** of donations go to programs and services

**24,198** Volunteers

**63,068** Volunteer hours

## About The Idaho Foodbank

The Idaho Foodbank is an independent, donor-supported, nonprofit organization. It is the largest statewide distributor of free food assistance in Idaho. The Idaho Foodbank was established in 1984 and since that time has distributed millions of pounds of nutritious food through its facilities in Lewiston, Meridian and Pocatello. In the last fiscal year, The Foodbank provided food for 23.8 million meals to Idahoans living with food insecurity. The Foodbank distributes food through a network of more than 440 partners including schools, food pantries, senior centers, feeding sites, shelters, mobile pantries and churches. Recognizing the crucial connection between hunger and health, The Idaho Foodbank focuses on providing nutritious food and collaborates with community organizations to promote nutrition education, wellness resources and healthy living. Visit idahofoodbank.org for more information. You can also find us on your favorite social media platform.



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The only Idaho nonprofit to receive a four-star rating for 14 consecutive years.