

FEEDING IDAHO FAMILIES

THE IDAHO FOODBANK®



HUNGER IS **REAL**

11.4% of Idahoans are food insecure ■

14.5% of Idaho children are food insecure ■

86% of distributed food considered nutritious ■

2024
FISCAL
YEAR
ANNUAL
REPORT



Member of
**FEEDING™
AMERICA**

MAY 2023 - APRIL 2024

FOOD INSECURITY

AND THE SOCIAL DETERMINANTS OF HEALTH



When someone is food insecure, they are making difficult choices on how to make ends meet, such as paying for rent, putting gas in the car, or having the food they need. These intertwined factors that impact an individual's ability to become food secure are known as the Social Determinants of Health. These are the conditions in the environment in which people are born, live, learn, work, play, worship, and age that affect a wide range of health and quality-of-life outcomes. The Foodbank is actively partnering to find ways to work together to improve these Social Determinants of Health as part of our Ending Hunger Framework to address root causes of food insecurity.

In fiscal year (FY) 2024, The Idaho Foodbank hosted Partner Conferences in Lewiston and Idaho Falls for our Food Distribution Partners in those regions. Over 140 people attended, and the theme of these conferences was "Building Healthy Communities Together." The Partner Conferences are a way to bring together

individuals and organizations who are working in their communities to address food insecurity.

Each conference included an update from The Idaho Foodbank about our work statewide and in those particular regions. They also included discussion and presentations about taking a comprehensive approach to community health. This can include health care partnerships to bring mobile medical units to a food distribution; working with community health workers and providing information about other available services to individuals in need of food; or setting up a food pantry in a way that encourages healthy eating choices.

In FY 2024, 86% of the food distributed by The Idaho Foodbank was considered nutritious. This has been part of a multi-year effort to make food available that is consistent with the USDA My Plate nutrition recommendations. We want to make the healthy choice something that is easy and accessible for the people we serve.

The Idaho Foodbank has also made quarterly resource boxes available to our partner network when they order food from us. These resource boxes included a variety of information to share with neighbors who are visiting our partners to get food. Examples of what is in these resource boxes are information about how to find rental assistance or rental housing throughout the state; flyers for seniors about Medicare enrollment and dental care coverage; and a Myth vs. Fact document about enrollment in SNAP and WIC nutrition assistance programs.

By working together to build and strengthen partnerships to end the cycle of food insecurity, we can improve the lives of all Idahoans.



HOW DONORS HELP THE FOODBANK SOLVE HUNGER



ONE
Your gift is the first critical step in feeding people in Idaho who are at risk of hunger.



TWO
We build partnerships with: ● Growers ● Processors ● Retailers ● Manufacturers ● Wholesalers ... And encourage them to donate groceries that might otherwise go to waste.



THREE
Our fleet of trucks moves the food within our network, making sure donated food goes where it is needed most.



FOUR
Community partners ensure safe storage and distribute the food to neighbors in need.



FIVE
Food reaches people at:
● Food pantries
● Soup kitchens
● Senior centers
● Homeless shelters
● Youth programs

VOLUNTEERING

MAKES A DIFFERENCE



Volunteers are essential to The Idaho Foodbank and our network of Food Distribution Partners as we work together to help our neighbors facing food insecurity. In our last fiscal year, volunteers donated 70,038 hours of their time working at The Idaho Foodbank. This is equivalent to the work of

33 full-time employees! The Idaho Foodbank employs 70 full-time employees at our three warehouse locations in Idaho, so having volunteers contribute the equivalent of 33 full-time employees makes a significant impact on our ability to help our neighbors in need.

Volunteers at The Foodbank do a variety of jobs, including re-packing large produce donations into family-size bags; filling food boxes for seniors; assembling bags of food for our Backpack Program;



or directly giving food to the people in need at one of our Mobile Pantries. We also have volunteers help us at events in the community to educate the public about The Idaho Foodbank. As our nutrition education programs continue to grow, we have also utilized qualified volunteers to help teach nutrition education classes.

We know that volunteers bring immense value to The Idaho Foodbank and other nonprofits working to address food insecurity. Over the years, we have learned what motivates some people to volunteer. This can include looking for a new way to get involved in their community or meeting new people as they navigate different phases in their life. Volunteering can be a way for people to bond with current coworkers, classmates, or other acquaintances in

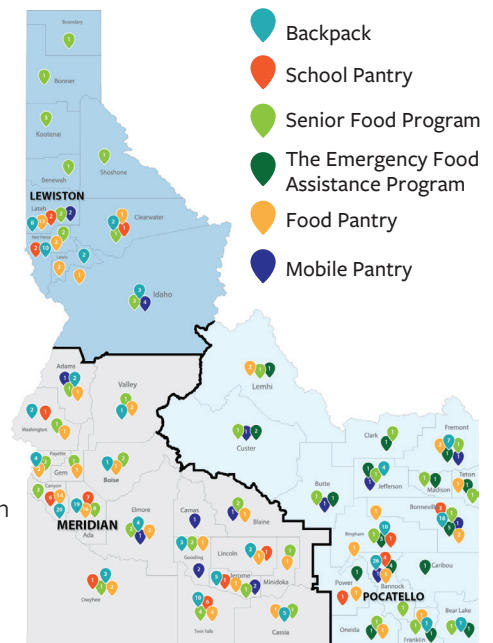
a new setting. For some people, this volunteer work is an important way to give back after they had a time in their life where they struggled with food insecurity and benefited from the help of a food bank.

Volunteers are a critical part of what we do, and they are essential to the success of our network of over 400 food distribution partners across Idaho. Thank you to our volunteers for your valuable contributions!

Delivering Hope Statewide

FOOD DISTRIBUTED IN IDAHO

- **26,250,498** pounds distributed statewide
- **16,853,763** pounds in southwest
- **2,376,803** pounds in north central
- **7,067,160** pounds in eastern
- **86%** food considered nutritious
- **85%** food donated to The Foodbank
- **400+** community distribution partners statewide



Programs Promote Healthy Families and Communities

BACKPACK PROGRAM:

- 1,351 children served
- 64,350 backpacks distributed statewide

SCHOOL PANTRY PROGRAM:

- 19,863 households served
- 380,517 lbs distributed

MOBILE PANTRY PROGRAM:

- 18,931 people served (monthly average)
- 19,495 volunteer hours at Mobile Pantries statewide
- 582 mobile distributions
- 52 communities served

SENIOR NUTRITION PROGRAMS:

- 44,966 seniors served monthly
- 27,299 food boxes distributed statewide

FOOD CATEGORIES BY THE NUMBERS



FRUIT/VEGETABLE
FY24 Distributed 39%



GRAIN
FY24 Distributed 12%



BEVERAGE
FY24 Distributed 2%



PROTEIN
FY24 Distributed 15%

Meeting the Need Through Responsible Growth

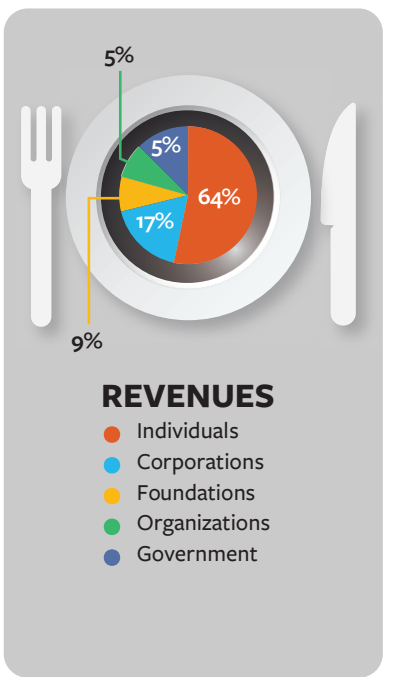
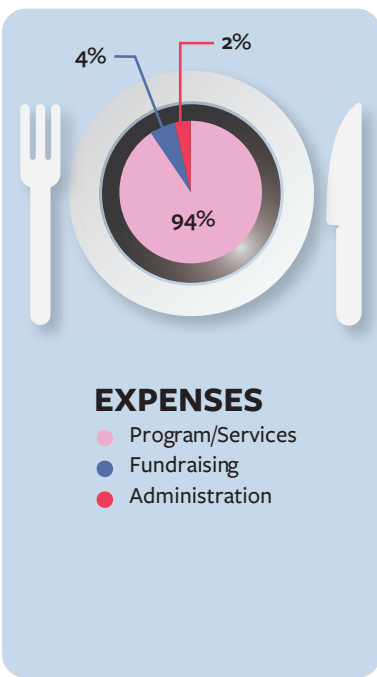


PEOPLE SERVED AND VOLUNTEERISM

- As many as **211,324** people served any given month (statewide):
 - 133,334 people served in Southwest
 - 52,683 people served in East
 - 25,307 people served in North Central
- **\$5** can provide food for up to 15 meals
- **24,699** volunteers - Equivalent to 33 full time employees

REVENUE	FY 2023	FY 2024
Value of Donated Food	\$45,379,214	\$45,623,143
Donated Funds	\$10,495,852	\$10,675,138
In-Kind Donations	\$714,948	\$267,722
Program Services and Other	\$1,947,723	\$1,814,105
Total Revenue:	\$58,537,737	\$58,380,107

PROGRAM EXPENSES	FY 2023	FY 2024
Purchased Food	\$3,918,012	\$2,921,222
Donated Food and Freight	\$47,696,534	\$44,637,930
Other	\$5,706,532	\$5,615,758
Total Program Expenses:	\$57,321,078	\$53,174,911
Administrative and Fundraising	\$3,538,539	\$3,515,107
Total Expenses:	\$60,859,617	\$56,690,018



About The Idaho Foodbank

The Idaho Foodbank is an independent, donor-supported, nonprofit organization. It is the largest statewide distributor of free food assistance in Idaho. The Idaho Foodbank was established in 1984 and since that time has distributed millions of pounds of nutritious food through its facilities in Lewiston, Meridian, and Pocatello. In the last fiscal year, The Foodbank provided food for more than 21.8 million meals to Idahoans living with food insecurity. The Foodbank distributes food through a network of more than 400 partners including schools, food pantries, senior centers, feeding sites, shelters, mobile pantries, and churches. Recognizing the crucial connection between hunger and health, The Idaho Foodbank focuses on providing nutritious food and collaborates with community organizations to promote nutrition education, wellness resources, and healthy living. Visit idahofoodbank.org for more information. You can also find us on your favorite social media platform.



The only Idaho nonprofit to receive a four-star rating for 15 consecutive years.

FOOD CATEGORIES BY THE NUMBERS

DAIRY
FY24 Distributed 14%

READY-MADE MEALS
FY24 Distributed 2%

MIXED AND ASSORTED
(grocery store food rescue, food drive)
FY24 Distributed 13%

NOT INTENTIONALLY SOURCED
(dessert/candy, non-food, condiments)
FY24 Distributed 3%