



Nutrition Education

Providing resources to encourage
nutritious food choices

Contact Us



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idahofoodbank.org



The
Idaho
Foodbank



Nutrition Services



Recipes & Handouts

We can provide easy recipes and tips on how to use items in your pantry, or introduce new items to your neighbors.

Nutrition Classes

Cooking and nutrition classes can be provided in almost any space where neighbors or volunteers can attend.

Food Demonstrations

Our Nutrition Education Specialist can provide pantry staple samples and recipes to your neighbors.

Nutrition Signage

We can help direct neighbors & volunteers towards healthy choices in your pantry with eye catching and educational signs.

How can we support you & your Community?

Co-location of Services

We can coordinate with outside service providers to host a table at your pantry.

Example: WIC or Public Health

Our team can attend community events where information about food assistance and nutrition would be beneficial.

